



## SIGNATURE MASSAGE

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### **Chiva Signature Massage (90 min / 1,800 Baht)**

*The Chiva Signature Massage combines the relaxation benefits of the cold pressed virgin coconut oil massage with the tension relieving traditional Thai massage, leaving your body and mind relaxed and revived.*

## BODY MASSAGE

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### **Traditional Thai Massage (55 min 650 Baht / 90 min 990 Baht / 120 min 1,200 Baht)**

*The traditional Thai massage focuses on manipulating pressure points acombined with gentle muscle stretches to release tension, improve blood circulation and increase flexibility.*

### **Thai Herbal Therapy Massage (90 min / 1,200 Baht)**

*Using a traditional Thai herbs compression ball, this massage focuses on relieving tired, tense and aching muscles and improves blood circulation and increase flexibility.*

### **Head and Neck Massage (30 min / 450 Baht)**

*Heal and relax with the head, neck and shoulder massage that will relieve built up tension and reduce stress from over work.*

### **Foot Reflexology Massage (60 min / 650 Baht)**

*Pressure point therapy on the feet, combined with an invigorating leg massage will promote blood circulation, relieve stress & tension and reviving tired feet.*

### **Coconut Oil Massage (55 min 950 Baht / 90 min 1,200 Baht)**

*The cold pressed virgin coconut oil massage offers a smooth, relaxing massage that helps moisturize dry skin and balance skin lone.*

### **Anti-Stress Massage (JO min 450 Baht / 60 min 700 Baht)**

*The Ami-stress Aromatherapy oil massage focuses on the back, shoulders, neck and heal and will release tension, reduce stress and awake you mind.*



**Aromatherapy Massage (55 min 1,200 Baht / 90 min 1,700 Baht)**

*The Aromatherapy Massage is a gentle massage with a pure essential oil that helps to increasing your blood and lymphatic circulation also helps to relaxing your soul and mind.*

**Deep Tissue Massage (55 min 1,400 Baht / 90 min 2,000 Baht)**

*The Deep Tissue Massage focuses realigning deep layers of muscles and connective tissue and is especially helpful for relieving chronic aches and pains.*

**Swedish Massage (55 min 1,200 Baht / 90 min 1,700 Baht)**

*The full body Swedish massage helps to relax and soothe tight and sore muscles whilst increasing blood circulation and improving muscle tone & skin texture.*

**Pregnancy Massage (55 min / 1,200 Baht)**

*The specialized Pregnancy Massage technique for mothers to be uses the cold pressed virgin coconut oil to relieve a stressful mind and tense body.*

**Energizing Massage (55 min 1,400 Baht / 90 min 2,000 Baht)**

*Melt your tension away and experience the touch of warm pure essential oil that will refresh your energy levels and deep relax your whole body and mind.*

**BODY SCRUB**

**Black Sesame Scrub (45 min / 900 Baht)**

*Fresh sesame seed, avocado butter, cucumber extract and vitamin E help to improve skin smoothness, maintain natural moisture balance and returns your skin to a more even-toned and younger look. Suitable for dry skin.*

**Tamarind Scrub (45 min / 900 Baht)**

*A deep cleansing scrub using Tamarind fruit combined with walnut. Almond shell powder, cucumber extract and vitamin E. Improves skin smoothness and returns your skin to fresh and relaxed state. Suitable for oily skin.*



**Coconut Scrub (45 min / 900 Baht)**

*A delicate cream scrub made from coconut oil is specially formulated to clean. Refresh and hydrate, leaving skin feeling silky smooth.*

**Coffee & Honey Scrub (45 min / 900 Baht)**

*Homemade scrub from ground coffee beans, honey and yoghurt that will detox. Moisturize and smooth your skin.*

**Swiss Gold Scrub (45 min / 1,000 Baht)**

*A concentrated cream based body scrub for a healthy glow, skin, smoothness, firm and a natural moisture balance. Made with Gold powder, cucumber and algae extract.*

**BODY WRAP**

**Detoxing Wrap (55 min / 1,200 baht)**

*The natural Dead Sea Mud and Tanakura Clay from Japan combine with the essential oil to help purify the skin. Deep cleansing dead cells prepare the skin for moisturizing and relax your skin and mind.*

**Smooth Firming Wrap (55 min / 1,200 baht)**

*This is specially formulated for deep cleansing, firming and lifting for smoother, softer skin. Contains a combination of natural clay Tanakura, Kaolin, Caffeine and Centella Extract.*

**Sunburn Soothing Wrap (55 min / 1,200 baht)**

*Sunburn Soothing Wrap is a special mix of fresh Aloe Vera Gel with cucumber extract, Centella extract and Algae extract helps prevent free radical damage from the sun.*

**Queen of Gold Wrap (55 min / 1,200 baht)**

*The Gold Body Mask ensures an even complexion and restores radiance, freshness, smoothness and nourishes your skin. Contains a combination of Gold powder, apple, pineapple and witch hazel extract.*



## FACECIAL TREATMENT By GUINOT

### **Anti-Wrinkle Facial Treatment (55 min / 1,500 Baht)**

*Moisturizing. uplifting and firming. Suitable ageing skin.*

### **Moisturizing Facial Treatment (55 min / 1,500 Baht)**

*Moisturizing , smooth and soft. Suitable for dry skin.*

### **Lightening Facial Treatment (55 min / 1,500 Baht)**

*Reduce brown spots, pigmentation and dark skin.*

### **Sunburn Soothing Facial Treatment (55 min / 1,500 Baht)**

*Pure yoghurt cleansing, followed with Aloe Vera Gel gentle massage and fresh cucumber mask. Suitable for sun-burnt skin.*

### **Men Facial Treatment (55 min / 1,500 Baht)**

*Special GUINOT Facial Treatment for men for deep cleansing, refreshing and relaxing skin.*

## BEAUTY TREATMENT

**Manicure (750 Baht)**

**Pedicure (750 Baht)**

**Manicure & Pedicure (1200 Baht)**

*Nail cutting, Foot cleansing, rub and nail polish.*

**Polish Change (200 Baht)**

**Foot Scrub (500 Baht)**

**Herbal Steam (30 min/ 300 Baht)**

**Sauna (30 min/ 300 Baht)**



## SPA PACKAGE

### **Paradise Package**

**(120 min / 2,100 Baht)**

*Flora Foot Bath*

*Aromatherapy Massage 60 min*

*GUINOT facial Treatment 60 min*

### **Return to Chiva Package**

**(120 min / 1,750 Baht)**

*Flora Foot Bath*

*Herbal Steam or Sauna 30 min*

*Coconut Body Scrub 30 min*

*Coconut Oil Massage 60 min*

### **After Sun Soother Package**

**(120 min / 2,000 Baht)**

*Flora Foot Bath*

*Aloe Vera Body Wrap 30 min*

*Aloe Vera Massage 60 min*

*Aloe Vera Facial Mask 30 min*

### **The Queen of Gold Package**

**(180 min / 3,200 Baht)**

*Flora Foot Bath*

*Herbal Steam or Sauna 30 min*

*Gold Body Scrub 30 min*

*Gold Body Scrub 60 min*

*GUINOT Facial Treatment 60 min*

### **Ayodhaya Package**

**(150 min / 1,700 Baht)**

*Flora Foot Bath*

*Herbal Steam 30 min*

*Thai Herbal Therapy Massage 90 min*

*Head and Neck Massage 30 min*

### **Lover Package (Couple)**

**(180 min / 6,000 Baht)**

*Flora Foot Bath*

*Herbal Steam Or Sauna 30 min*

*Flora Yoghurt Body Scrub 30 min*

*Aromatherapy Massage 60 min*

*GUINOT Facial Treatment 60 min*

### **Holiday Package (Couple)**

**(2 10 min / 7,000 Baht)**

*Flora Foot Bath*

*Herbal Steam Or Sauna 30 min*

*Body Scrub or Body Wrap 30 min*

*Deep Tissue Massage 60 min*

*Foot Massage 30 min*

*GUINOT Facial Treatment 60 min*